

HELPFUL TIPS ON HOW TO USE BACK-UP CARE

Whenever your regular care is unavailable, you have access to high-quality back-up care from **Bright Horizons®** for your loved ones. Be sure to register in advance so you're ready whenever you need care. The registration process is quick and easy — just follow the three simple steps below.



Step 1: Register

Visit backup.brighthouse.com
Click "Not signed up yet? Register Now.", and enter your employer username and password.

UN: UCSD
PW: Benefits4You

Or download the mobile app
(search "back-up care" in the App Store or Google Play).



Step 2: Complete Your Care Profile

Provide contact information, care recipients, authorized contacts, and care locations.



Step 3: Reserve Back-Up Care

Reserve care online, by phone, or via mobile app (search "back-up care" in the App Store or Google Play).

Once care is reserved, you will receive a confirmation email.

Register and Reserve Care

Visit <https://backup.brighthouse.com>

Employer Username: UCSD | Password: Benefits4You

Questions? Call 877-BH-CARES (242-2737)